

## PRESS RELEASE

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### **PARKWAY NURSES RECOGNISED BY MOH FOR OUTSTANDING SERVICE AND DEDICATION**

**SINGAPORE, 22 July 2010 – Parkway Holdings Limited (“Parkway”)** is pleased to announce that three of its nurses are receiving the Singapore Ministry of Health (“MOH”) Merit Award 2010, which recognises their outstanding performance and dedication to the profession. The winners are **Ms Sandy Teo Ee Ling, Senior Practice Development Nurse of Mount Elizabeth Hospital, Ms Linda Ong Zhong An, Nurse Manager of Gleneagles Hospital, and Ms Foo Siaw Cheng, Senior Staff Nurse of Parkway East Hospital.**

The nurses were chosen based on their exceptional contributions to patient care and dedication to the profession. The annual MOH Merit Awards will be presented during the Ministry’s Nurses Day Dinner and Dance, as part of its Nurses’ Day celebrations, at the Mandarin Orchard Singapore on Saturday, 24 July.

**Dr Tan See Leng, Parkway’s Managing Director and Chief Executive Officer** said, “We are proud that our nurses have been recognised for their contributions by the Ministry of Health. More importantly, this award serves as a reaffirmation of our nurses’ passion and dedication. These are admirable attributes which we would like to see in every Parkway nurse, as we continue to deliver the highest quality care possible to all our patients.”

Ms Sandy Teo first joined Mount Elizabeth Hospital in 1995. A highly respected Senior Practice Development Nurse, she has made significant contributions in the areas of training and development of nurses as well as patient education. One of her notable projects involves the redesign of the nursing care delivery model at Mount Elizabeth Hospital to increase nurses’ job satisfaction, retention as well as improve patient outcomes.

Sandy has also been making significant contributions in the area of Cardio-Pulmonary Resuscitation (CPR). Since 2006, she has been the Chief Instructor for the Basic Cardiac Life Support (BCLS) course for the three Parkway hospitals in Singapore. She is also the Instructor for the Automated External Defibrillation (AED) course. In March 2009, the St. John Ambulance Association of Singapore appointed Sandy the Deputy Chairperson for its CPR

and AED courses. Throughout her nursing career, Sandy has dedicated much of her time toward promoting the awareness of effective resuscitation efforts and teaching the public CPR and AED skills in order to save lives.

Ms Linda Ong first joined Gleneagles Hospital in 1990 and currently holds the appointment of Nurse Manager (Night Duty), Nursing Administration at Gleneagles Hospital, where she manages all the nurses on night duty. She brings with her more than four decades of nursing experience in a wide variety of disciplines.

A strong advocate of quality patient care, workplace safety for nurses and clinical risk management, Linda plays an instrumental role in training nurses and conducting audits to ensure that high quality standards are maintained among the nurses on night duty. Outside of work, Linda is an active volunteer with the River Kids project having spent time volunteering in Cambodia in 2008, 2009 and 2010 to teach children about taking care of wounds and personal hygiene.

Ms Foo Siaw Cheng first joined Parkway East Hospital in 1986 and currently holds the appointment of Senior Staff Nurse at the Intensive Care Unit (ICU). Her dedication and compassion which extends to every patient and patient's family under her charge, makes her an exemplary role model among her peers and younger colleagues. She is always willing to share her knowledge with her colleagues and takes an active role in educating new nurses on ICU-related topics.

A strong advocate of lifelong learning, Siaw Cheng took the initiative to enrol herself in a Paediatric Oncology course in 2007 when Parkway East Hospital announced plans to set up a new Paediatric Oncology Unit then. Her training enabled her to go beyond her call of duty at the ICU and care for children with cancer.

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## About Parkway Holdings Limited

**Parkway Holdings Limited**, listed on the Singapore Stock Exchange since 1975, is one of the region's leading providers of healthcare services, with a network of 16 hospitals with more than 3,400 beds throughout Asia, including Singapore, Malaysia, Brunei, India and China. In Singapore, the Group owns **Parkway Group Healthcare Pte Ltd** and **Parkway Hospitals Singapore Pte Ltd**, which operates three of Singapore's premier healthcare providers: **Gleneagles, Mount Elizabeth and Parkway East Hospitals**. The Group also owns **Parkway Shenton Pte Ltd**, a major provider of primary healthcare services; **Medi-Rad Associates Ltd**, a leading radiology services provider; and **Parkway Laboratory Services Ltd**, a major provider of laboratory services. In addition, **Parkway Trust Management Limited** provides management services to **Parkway Life REIT**, while **Parkway Education Pte Ltd** offers healthcare education through **Parkway College of Nursing and Allied Health**. The Group also operates 39 **ParkwayHealth Patient Assistance Centres (PPAC)** across the globe. For more information, please visit the website at [www.parkwayholdings.com](http://www.parkwayholdings.com).

The Board of Directors of the Company (including those who may have delegated detailed supervision of this Announcement) have taken all reasonable care to ensure that the facts stated and all opinions expressed in this Announcement are fair and accurate, and where appropriate, no material facts have been omitted from this Announcement, and they jointly and severally accept responsibility accordingly.

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